Plan on a Page | Lesson 2: Introducing Agency

Guiding Questions:
● What is agency? What is the relationship between power and agency?
● What factors might impact an individual or group’s agency in a given moment?

Activities:
1. Warm Up with Power Playlists
   Invite students to share their Power Playlists in pairs or small groups.

2. Introduce the Concept of Agency
   Explain to students that they will be learning about the concept of individual and collective agency. Read the Introducing Agency handout. In pairs or small groups, have students come up with one question and one comment about the reading to share with the class. Share the comments in a Wraparound and then discuss the questions as a class.

3. Reflect on Personal Agency in Journals
   Review the definition of agency, and then have students respond to the following questions one at a time in their journals. After writing, ask if volunteers would like to share with the class.
   ● Where or when do you feel like you have agency? What factors impact your agency in a given moment?
   ● Where and when do you feel like you lack agency? What factors contribute to your lack of agency in a given moment?
   ● What is one step you could take to increase your agency?
   ● What is one step someone else could take to increase your agency?

4. Complete an Exit Card
   Have students complete and then submit a “How Many Bars?” Exit Card.

2 Adapted from Kristina J. Doubet and Jessica A. Hockett, Differentiation in Middle and High School (Alexandria, VA: ASCD, 2015), 168.

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